



Dr. Anastasia B.

Personal Details

Nationality

Greek

Date of birth

18/05/2001

Status

Single

Languages

Greek

English

Bulgarian

Dutch B2+

EDUCATION AND PROFESSIONAL EXPERIENCE

Doctor of Dental Medicine

Medical University of Sofia – Faculty of Dental Medicine, Sofia [2019–2025]

General Dentist [2025-Current]

Career Achievements and Competencies

- **General Dentist – Private Dental Clinic, Thessaloniki [September 2025 – January 2026]**

During her time in private practice, Anastasia worked independently as a general dentist, providing comprehensive dental care across multiple disciplines. She was responsible for diagnosing patients, developing individualized treatment plans, and delivering high-quality dental treatments with a strong focus on precision and patient comfort. Her clinical responsibilities included:

- Comprehensive patient examinations and diagnosis
- Treatment planning
- Fixed prosthodontics (crowns and bridges)
- Removable prosthodontics (partial and complete dentures)
- Endodontic treatment of single- and multi-rooted teeth
- Post placement
- Direct composite restorations
- Tooth and root extractions
- Non-surgical periodontal therapy (scaling and root planing)
- Pediatric dentistry, including restorations, pulpotomies, fissure sealants, and fluoride applications

Dental Intern – Public University Dental Clinic, Faculty of Dental Medicine, Sofia [September 2022 – May 2025]

During the final three years of her dental education, Anastasia completed extensive supervised clinical training across all major dental disciplines, working in accordance with university clinical protocols and European standards of dental education. Her supervised clinical experience included:

- **Endodontics:** 26 root canal treatments and 10 post placements
- **Prosthodontics:** 8 crowns, 3 bridges, 6 removable partial dentures and 2 complete dentures
- **Restorative Dentistry:** 55 direct composite restorations
- **Oral Surgery:** 25 tooth and root extractions
- **Periodontology:** 11 periodontal treatment plans and non-surgical periodontal therapy
- **Pediatric Dentistry:** 5 pulpotomies, 20 restorations, 8 fissure sealants, 14 fluoride applications and 4 ICON infiltrations



Dr. Anastasia B.

Dental Assistant – Private Dental Clinics, Halkidiki & Thessaloniki [Summer 2023 & Summer 2024]

Alongside her studies, Anastasia worked as a dental assistant in private practices, where she gained valuable insight into the daily workflow of modern dental clinics. Her responsibilities included:

- Chair-side assistance
- Patient preparation
- Medical and dental history documentation
- Instrument sterilization
- Clinical room preparation
- Administrative and front-desk support

Additional Education and Professional Development

- 43rd Panhellenic Dental Conference
- 15th International Sofia Dental Meeting
- Modern Prosthodontics: Science, Technology and Clinical Practice – Aristotle University of Thessaloniki
- Endodontic Treatment in 6 Steps – Aristotle University of Thessaloniki

Preferred Work Environment

Anastasia performs best in a practice that offers:

- Modern equipment and evidence-based dentistry
- A supportive and collaborative team
- Well-structured clinical protocols
- Opportunities for continuous professional development
- A patient-centered approach to dental care
- An environment where quality, precision, and teamwork are highly valued

Additional Information

Availability: October 2026

Licenses and Registrations: B2+ Dutch proficiency, BIG registered

Relocation Funding Awareness: The candidate understands and accepts Orange Chapter's terms (e.g., contract length, financial assistance, etc.).



About Dr. Anastasia B.

Dr. Anastasia is a dedicated young dentist who combines a strong clinical foundation with a calm, disciplined, and highly professional approach to patient care. Throughout her education and early professional career, she has gained broad experience across all major disciplines of general dentistry while consistently striving to refine her clinical skills through hands-on practice and continuous learning.

Anastasia is known for her composed and well-organized way of working. She approaches every treatment with patience, precision, and careful attention to detail, always aiming to provide patients with high-quality, comfortable, and well-structured care. Her calm demeanor allows her to create a reassuring atmosphere for patients, while her disciplined work ethic ensures consistency and reliability in her clinical practice.

Colleagues appreciate Anastasia not only for her professionalism but also for her warm personality and approachable nature. She is easy to work with, communicates openly, and contributes positively to the team environment. Her genuine kindness and respectful attitude help build trust with both patients and colleagues, making her a valued member of any dental practice.

Anastasia is looking forward to continuing her professional journey in the Netherlands, where she hopes to further develop within a modern and high-quality healthcare system. She is committed to lifelong learning and is motivated to build a long-term career in an environment that values excellence, collaboration, and patient-centered dentistry.

Characteristics

- Calm
- Disciplined
- Well-organized
- Detail-oriented
- Professional
- Patient-centered
- Personable